



# Galloway Breakfast

Here at The Murray Arms Hotel we strongly believe that breakfast is the most important meal of the day! With that in mind, guests are welcome to choose from a variety of menu options that include:

## Hot & Cold Drinks

Tea  
Coffee  
Selection of Herbal Tea  
Orange Juice

## Toast

White Toast  
Brown Toast  
Mixed Toast  
Gluten Free Toast\*

## Fruits, Cereals and Porridge

Cornflakes  
Special K  
Fruit & Fibre  
Alpen  
Porridge  
Grapefruit Segments  
Melon  
Prunes  
Plain or Flavoured Yoghurt

## Alternative Breakfast Choice:

Pan Fried Kippers  
Smoked Haddock with a  
poached egg

\*Note\*

If you require alternate dairy or gluten free options please let us know in advance of your stay so we can be sure to have our cupboards stocked :)

## Traditional Cooked Breakfast

Bacon  
Sausage (vegetarian  
available)  
Tomato  
Mushroom  
Baked Beans

Choice of:  
Fried Egg  
Poached Egg  
Scrambled Egg